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## From the Acting Principal, Sophie-Rose Quinn.

I was eager to come to school to be Principal for the day and to also see all of the teachers in uniform. To start off the day I went to the Senior Management and Staff briefings and found out what was happening around Carmel College. I then went to my office and met the Travelwise team and also our Mayor Andrew Williams because in assembly they were awarding the prize to the winning class for the pedometer challenge, and signing us up as a Travelwise school. It was very exciting. After that I went to my class and watched my new student in school Mrs Deady do drama and act like the Hungry Caterpillar with my class mates in 8SA. After lunch I did the tour of the school property with Mrs Mitchell and Mr Marks, asking some questions from a student's viewpoint and making some suggestions about dealing with litter. It has been every student's dream to be the boss of their teachers and I got to fulfil it. It will certainly be a day to remember.

## From the Principal.

Where do Year 8 students get their energy? It certainly helps, I suppose, that they are considerably younger than me, but in my day as a Year 8 student on Wednesday I found it hard to keep up! Basic fact tests in Maths were conducted at lightning speed, one student finishing 100 questions in less than a minute. My score of 95% enabled



Mrs Deady sits in assembly with her classmates for the day

me to work in the independent group for the rest of the period, but even then they pushed me to work harder, faster, smarter. The pushing continued in a literal sense later in the morning when my drama group entrusted me with the role of a cupcake (strawberry) to be eaten by the very hungry caterpillar, and then to become a segment of the caterpillar itself, inching and munching along the floor of the dance studio. Thank goodness I had remembered my PE gear! There was a real buzz around the school that day, with students in mufti and staff in school/other uniforms – all for a good cause, Child Cancer Research. But it was a day of learning for me too, listening to the student voice and seeing the teachers and the structure of the school day from a student perspective – really useful insights as we plan for next year. I'd like to thank the Quinn family for enabling all this to happen by their generous bid for the Principal-for-a Day prize at the Gala earlier this year.



Sophie in her role as Principal for the Day greeting the North Shore Mayor, Andrew Williams, on his arrival at the College for the Travelwise presentation.

**"The adage, never too old to learn, is a great comfort to me."  
 Mother Catherine McAuley**

## Carmel College Becomes An Official **TravelWise** School

Carmel College ended the Year 7 and 8 'Pedometer Challenge' this week with the announcement of the winning Form Class, 8MV (pictured here with the Mayor). All Year 7 and 8 classes did a great job and managed to walk over 15 million steps in total. To celebrate their win, 8MV received a 'SubWay' lunch on Friday.

The "Pedometer Challenge" also marked the official opening of Carmel College as a 'TravelWise' school. This means that the school will aim to increase the use of more environmental friendly means of transport such as buses, walking or carpooling.

The North Shore City Mayor, Andrew Williams, was at Carmel on Wednesday to help celebrate the launch, by presenting the 'SubWay' lunch and signing the document which recognises Carmel as a TravelWise school. Please go to the News page on our website [www.carmel.school.nz](http://www.carmel.school.nz) to view Carmel's Travelwise Plan in full.

*Anita Whitta and Jessica Nimmo, Year 13 SAVE Leaders pictured at left with the Mayor. ..*

